

TERM FEES

1× AED 1,732.50
1 x per week = 110 × 15 + VAT

2× AED 3,150.00
2 x per week = 100 × 15 × 2 + VAT

3× AED 4,252.50
3 x per week = 90 × 15 × 3 + VAT



THIS IS 15-WEEK TERM · FEES PRO-RATA FROM YOUR JOINING DATE ·



4th session free!

SIBLINGS

15% for 3

25% for 4

MEMBERS CARD

25% Discount in NB STORES

30% Off MonViso

15% off at Up & Running

NEW JOINER KIT

AED 120 · vest & shorts

BOOK ONLINE

[click here to book online](#)

ISD DUBAI

[Location map - click here](#)

WEBSITE

[click here to go to website](#)

WHATSAPP

+971 50 225 7024

MONDAYS



31 AUG 2026
TO
7 DEC 2026



VENUE	TIME	AGE	PROGRAM	COACHES
	6:30pm – 7:30pm	7-12	MULTI – EVENTS (sprints & middle distance, jumps, throws)	Luke, Warrick & Fadi
	6:30pm – 7:30pm	10+	SPORTS CONDITIONING (sports speed, agility, strength, conditioning)	Lawrence
	7:30pm – 8:30pm	13+	SPRINTS (100m, 200m, 400m)	Luke & Lawrence
	7:00pm – 8:30pm	13+	HURDLES (invitation only)	Andy
	7:30pm – 8:30pm	13+	MULTI – EVENTS (High Jump & Long Jump)	Warrick & Fadi

info@ultimateathleticsuae.com

ultimateathleticsuae.com

+971 50 225 7024

BOOK ONLINE

[click here to book online](#)

ISD DUBAI

[Location map - click here](#)

WEBSITE

[click here to go to website](#)

WHATSAPP

+971 50 225 7024

OUR PROUD SPONSORS

TERM FEES

1× AED 1,732.50
1 x per week = 110 × 15 + VAT

2× AED 3,150.00
2 x per week = 100 × 15 × 2 + VAT

3× AED 4,252.50
3 x per week = 90 × 15 × 3 + VAT



THIS IS 15-WEEK TERM · FEES PRO-RATA FROM YOUR JOINING DATE ·



4th session free!

SIBLINGS

15% for 3

25% for 4

MEMBERS CARD

25% Discount in NB STORES

30% Off MonViso

15% off at Up & Running

NEW JOINER KIT

AED 120 · vest & shorts

BOOK ONLINE

[click here to book online](#)

ISD DUBAI

[Location map - click here](#)

WEBSITE

[click here to go to website](#)

WHATSAPP

[+971 50 225 7024](#)

TUESDAYS



1 SEPT 2026
TO
8 DEC 2026



VENUE	TIME	AGE	PROGRAM	COACHES
	6:30pm – 7:30pm	7-12	MULTI – EVENTS (sprints & middle distance, jumps, throws)	Luke & Warrick
	6:30pm – 7:30pm	10+	SPORTS CONDITIONING (sports speed, agility, strength, conditioning)	Lawrence
	6:30pm – 7:30pm	9-12	JUST RUN (300m – 3km)	Salim
	7:30pm – 8:30pm	13+	SPRINTS (100m, 200m, 400m)	Luke & Warrick
	7:30pm – 8:30pm	13+	MIDDLE DISTANCE (800m – 3km)	Salim
	7:30pm – 8:30pm	13+	SPORTS CONDITIONING (sports speed, agility, strength, conditioning)	Lawrence

info@ultimateathleticsuae.com

ultimateathleticsuae.com

+971 50 225 7024

BOOK ONLINE

[click here to book online](#)

ISD DUBAI

[Location map - click here](#)

WEBSITE

[click here to go to website](#)

WHATSAPP

[+971 50 225 7024](#)

OUR PROUD SPONSORS

TERM FEES

1× AED 1,732.50
1 x per week = 110 × 15 + VAT

2× AED 3,150.00
2 x per week = 100 × 15 × 2 + VAT

3× AED 4,252.50
3 x per week = 90 × 15 × 3 + VAT



THIS IS 15-WEEK TERM · FEES PRO-RATA FROM YOUR JOINING DATE ·



4th session free!

SIBLINGS

15% for 3

25% for 4

MEMBERS CARD

25% Discount in NB STORES

30% Off MonViso

15% off at Up & Running

NEW JOINER KIT

AED 120 · vest & shorts

BOOK ONLINE

[click here to book online](#)

ISD DUBAI

[Location map – click here](#)

WEBSITE

[click here to go to website](#)

WHATSAPP

[+971 50 225 7024](#)

WEDNESDAY



2 SEPT 2026
TO
9 DEC 2026



VENUE

TIME

AGE

PROGRAM

COACHES

5:15 pm – 6:15 pm

4-6

TOTS ATHLETICS

Warrick

5:15 pm – 6:15 pm

7-12

JUST RUN – SPRINTS
(short speed)

Luke

6:30 pm – 7:30 pm

7-12

MULTI-EVENTS
(sprints & middle distance,
jumps, throws)

Luke, Warrick & Fadi

6:30 pm – 7:30 pm

10+

SPORTS CONDITIONING
(sports speed, agility,
strength, conditioning)

Lawrence

7:30 pm – 8:30 pm

13+

SPRINTS
(100m, 200m, 400m)

Luke &
Lawrence

7:30 pm – 8:30 pm

13+

MULTI-EVENTS
(high jump, long jump)

Warrick &
Fadi

info@ultimateathleticsuae.com

ultimateathleticsuae.com

+971 50 225 7024

BOOK ONLINE

[click here to book online](#)

ISD DUBAI

[Location map – click here](#)

WEBSITE

[click here to go to website](#)

WHATSAPP

[+971 50 225 7024](#)

OUR PROUD SPONSORS

TERM FEES

1× AED 1,732.50
1 x per week = 110 × 15 + VAT



THIS IS 15-WEEK TERM · FEES PRO-RATA FROM YOUR JOINING DATE ·

2× AED 3,150.00
2 x per week = 100 × 15 × 2 + VAT



4th session free!

3× AED 4,252.50
3 x per week = 90 × 15 × 3 + VAT

SIBLINGS

15% for 3

25% for 4

MEMBERS CARD

25% Discount in NB STORES

30% Off MonViso

15% off at Up & Running

NEW JOINER KIT

AED 120 · vest & shorts

BOOK ONLINE

[click here to book online](#)

ISD DUBAI

[Location map – click here](#)

WEBSITE

[click here to go to website](#)

WHATSAPP

[+971 50 225 7024](#)

THURSDAY



3 SEPT 2026
TO
10 DEC 2026



VENUE	TIME	AGE	PROGRAM	COACHES
	6:30pm – 7:30pm	7-12	MULTI-EVENTS (sprints & middle distance, jumps, throws)	Luke & Warrick
	6:30pm – 7:30pm	9-12	JUST RUN (300m – 3km)	Salim
	6:30pm – 7:30pm	10+	SPORTS CONDITIONING (sports speed, agility, strength, conditioning)	Lawrence
	7:30pm – 8:30pm	13+	SPRINTS (100m, 200m, 400m)	Luke & Warrick
	7:30pm – 8:30pm	13+	MIDDLE DISTANCE (800m – 3km)	Salim
	7:30pm – 8:30pm	13+	SPORTS CONDITIONING (sports speed, agility, strength, conditioning)	Lawrence

info@ultimateathleticsuae.com

ultimateathleticsuae.com

+971 50 225 7024

BOOK ONLINE

[click here to book online](#)

ISD DUBAI

[Location map – click here](#)

WEBSITE

[click here to go to website](#)

WHATSAPP

[+971 50 225 7024](#)

OUR PROUD SPONSORS

TERM FEES

1× AED 1,732.50
1 x per week = 110 × 15 + VAT



THIS IS 15-WEEK TERM · FEES PRO-RATA FROM YOUR JOINING DATE ·

2× AED 3,150.00
2 x per week = 100 × 15 × 2 + VAT



4th session free!

3× AED 4,252.50
3 x per week = 90 × 15 × 3 + VAT

SIBLINGS

15% for 3

25% for 4

MEMBERS CARD

25% Discount in NB STORES

30% Off MonViso

15% off at Up & Running

NEW JOINER KIT

AED 120 · vest & shorts

BOOK ONLINE

[click here to book online](#)

ISD DUBAI

[Location map - click here](#)

WEBSITE

[click here to go to website](#)

WHATSAPP

[+971 50 225 7024](#)

FRIDAY

4 SEPT 2026
TO
11 DEC 2026



TIME

6:30pm – 7:30pm

AGE

7-12

PROGRAM

MULTI-EVENTS
(run, jump, throw)

COACHES

Luke & Warrick

SUNDAY

6 SEPT 2026
TO
13 DEC 2026



8:00am – 9:00am

4-6

TOTS ATHLETICS

Luke & Mo

8:00am – 9:00am

7-12

MULTI-EVENTS
(run, jump, throw)

Warrick & Joyce

8:30am – 10:00am

10+

SPRINT SQUAD ELITE
(invitation only)

Luke & Lawrence

9:00am – 10:00am

13+

MULTI-EVENTS
(hurdles, high jump)

Warrick & Ahmed

info@ultimateathleticsuae.com

ultimateathleticsuae.com

+971 50 225 7024

BOOK ONLINE

[click here to book online](#)

ISD DUBAI

[Location map - click here](#)

WEBSITE

[click here to go to website](#)

WHATSAPP

[+971 50 225 7024](#)

OUR PROUD SPONSORS