

TERM FEES

1× AED 1,732.50
1 x per week = 110 x 15 + VAT

2× AED 3,150.00
2 x per week = 100 x 15 x 2 + VAT

3× AED 4,252.50
3 x per week = 90 x 15 x 3 + VAT



THIS IS 15-WEEK TERM · FEES PRO-
RATA FROM YOUR JOINING DATE ·



4th session free!

SIBLINGS

15% for 3

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MONDAYS



31 AUG 2026
TO
7 DEC 2026



VENUE	TIME	AGE	PROGRAM	COACHES
	6:30pm – 7:30pm	7-12	MULTI – EVENTS (sprints & middle distance, jumps, throws)	Luke & Warrick
	6:30pm – 7:30pm	10+	SPORTS CONDITIONING (sports speed, agility, strength, conditioning)	Lawrence
	7:30pm – 8:30pm	13+	SPRINTS (100m, 200m, 400m)	Luke & Lawrence
	7:00pm – 8:30pm	13+	HURDLES (invitation only)	Andy
	7:30pm – 8:30pm	13+	MULTI – EVENTS (High Jump & Long Jump)	Warrick & Fadi

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TUESDAYS



1 SEPT 2026
TO
8 DEC 2026



VENUE	TIME	AGE	PROGRAM	COACHES
	6:30pm – 7:30pm	7-12	MULTI – EVENTS (sprints & middle distance, jumps, throws)	Luke & Warrick
	6:30pm – 7:30pm	10+	SPORTS CONDITIONING (sports speed, agility, strength, conditioning)	Lawrence
	6:30pm – 7:30pm	9-12	JUST RUN (300m – 3km)	Salim
	7:30pm – 8:30pm	13+	SPRINTS (100m, 200m, 400m)	Luke & Warrick
	7:30pm – 8:30pm	13+	MIDDLE DISTANCE (800m – 3km)	Salim
	7:30pm – 8:30pm	13+	SPORTS CONDITIONING (sports speed, agility, strength, conditioning)	Lawrence

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WEDNESDAY



2 SEPT 2026
TO
9 DEC 2026

VENUE	TIME	AGE	PROGRAM	COACHES
 DWIGHT SCHOOL DUBAI	5:00pm – 6:00pm	4-6	MULTI-EVENTS (run jump throw)	Warrick
	5:00pm – 6:00pm	7-12	JUST RUN – SPRINTS (short speed)	Luke
	6:30pm – 7:30pm	7-12	MULTI-EVENTS (sprints & middle distance, jumps, throws)	Luke & Warrick
	6:30pm – 7:30pm	10+	SPORTS CONDITIONING (sports speed, agility, strength, conditioning)	Lawrence
	7:30pm – 8:30pm	13+	SPRINTS (100m, 200m, 400m)	Luke & Lawrence
	7:30pm – 8:30pm	13+	MULTI-EVENTS (high jump, long jump)	Warrick & Fadi

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THURSDAY



3 SEPT 2026
TO
10 DEC 2026



VENUE	TIME	AGE	PROGRAM	COACHES
	6:30pm – 7:30pm	7-12	MULTI-EVENTS (sprints & middle distance, jumps, throws)	Luke & Warrick
	6:30pm – 7:30pm	9-12	JUST RUN (300m – 3km)	Salim
	6:30pm – 7:30pm	10+	SPORTS CONDITIONING (sports speed, agility, strength, conditioning)	Lawrence
	7:30pm – 8:30pm	13+	SPRINTS (100m, 200m, 400m)	Luke & Warrick
	7:30pm – 8:30pm	13+	MIDDLE DISTANCE (800m – 3km)	Salim
	7:30pm – 8:30pm	13+	SPORTS CONDITIONING (sports speed, agility, strength, conditioning)	Lawrence

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FRIDAY



4 SEPT 2026
TO
11 DEC 2026



TIME

6:30pm – 7:30pm

AGE

7-12

PROGRAM

MULTI-EVENTS
(run, jump, throw)

COACHES

Luke & Warrick

SUNDAY



6 SEPT 2026
TO
13 DEC 2026



8:00am – 9:00am

4-6

TOTS ATHLETICS

Luke & Mo

8:00am – 9:00am

7-12

MULTI-EVENTS
(run, jump, throw)

Warrick & Joyce

8:30am – 10:00am

10+

SPRINT SQUAD ELITE
(invitation only)

Luke & Lawrence

9:00am – 10:00am

13+

MULTI-EVENTS
(hurdles, high jump)

Warrick & Ahmed

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