

TERM FEES

1x AED 1,732.50
1 x per week = 110 x 15 + VAT



THIS IS 15-WEEK TERM · FEES PRO-RATA FROM YOUR JOINING DATE ·

2x AED 3,150.00
2 x per week = 100x15x2 + VAT



4th session free!

3x AED 4,252.50
3 x per week = 90x15x3 + VAT

SIBLINGS

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MONDAYS



31 AUG 2026
TO
7 DEC 2026

VENUE	TIME	AGE	PROGRAM	COACHES
	6:30pm – 7:30pm	7-12	MULTI – EVENTS (sprints & middle distance, jumps, throws)	Luke & Warrick
	6:30pm – 7:30pm	10+	SPORTS CONDITIONING (sports speed, agility, strength, conditioning)	Lawrence
	7:30pm – 8:30pm	13+	SPRINTS (100m, 200m, 400m)	Luke & Lawrence
	7:00pm – 8:30pm	13+	HURDLES (invitation only)	Andy
	7:30pm – 8:30pm	13+	HIGH JUMP	Warrick

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	6:30pm – 7:30pm	7-12	MULTI – EVENTS (sprints & middle distance, jumps, throws)	Luke & Warrick
	6:30pm – 7:30pm	10+	SPORTS CONDITIONING (sports speed, agility, strength, conditioning)	Lawrence
	6:30pm – 7:30pm	9-12	JUST RUN (300m – 3km)	Salim
	7:30pm – 8:30pm	13+	SPRINTS (100m, 200m, 400m)	Luke & Warrick
	7:30pm – 8:30pm	13+	MIDDLE DISTANCE (800m – 3km)	Salim
	7:30pm – 8:30pm	13+	SPORTS CONDITIONING (sports speed, agility, strength, conditioning)	Lawrence

TUESDAYS

1 SEPT 2026
TO
8 DEC 2026

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WEDNESDAY

2 SEPT 2026
TO
9 DEC 2026

VENUE	TIME	AGE	PROGRAM	COACHES
 DWIGHT SCHOOL DUBAI	5:00pm – 6:00pm	4-6	MULTI-EVENTS (run jump throw)	Warrick
	5:00pm – 6:00pm	7-12	JUST RUN - SPRINTS (short speed)	Luke
	6:30pm – 7:30pm	7-12	MULTI-EVENTS (sprints & middle distance, jumps, throws)	Luke & Warrick
	6:30pm – 7:30pm	10+	SPORTS CONDITIONING (sports speed, agility, strength, conditioning)	Lawrence
	7:30pm – 8:30pm	13+	SPRINTS (100m, 200m, 400m)	Luke & Lawrence
	7:30pm – 8:30pm	13+	MULTI-EVENTS (high jump, long jump)	Warrick

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THURSDAY



3 SEPT 2026
TO
10 DEC 2026



VENUE	TIME	AGE	PROGRAM	COACHES
	6:30pm – 7:30pm	7-12	MULTI-EVENTS (sprints & middle distance, jumps, throws)	Luke & Warrick
	6:30pm – 7:30pm	9-12	JUST RUN (300m – 3km)	Salim
	6:30pm – 7:30pm	10+	SPORTS CONDITIONING (sports speed, agility, strength, conditioning)	Lawrence
	7:30pm – 8:30pm	13+	SPRINTS (100m, 200m, 400m)	Luke & Warrick
	7:30pm – 8:30pm	13+	MIDDLE DISTANCE (800m – 3km)	Salim
	7:30pm – 8:30pm	13+	SPORTS CONDITIONING (sports speed, agility, strength, conditioning)	Lawrence

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2026 TERM 1

31ST AUGUST – 13TH DECEMBER 2026



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FRIDAY

4 SEPT 2026
TO
11 DEC 2026



TIME	AGE	PROGRAM	COACHES
6:30pm – 7:30pm	7-12	MULTI-EVENTS (run, jump, throw)	Luke & Warrick

SUNDAY

6 SEPT 2026
TO
13 DEC 2026



TIME	AGE	PROGRAM	COACHES
8:00am – 9:00am	4-6	TOTS ATHLETICS	Luke & Mo
8:00am – 9:00am	7-12	MULTI-EVENTS (run, jump, throw)	Warrick & Joyce
8:30am – 10:00am	10+	SPRINT SQUAD ELITE (invitation only)	Luke & Lawrence
9:00am – 10:00am	13+	MULTI-EVENTS (long jump, high jump)	Warrick

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