

TERM FEES

- 1×** **AED 1,732.50**
1 x per week = 110 × 15 + VAT
- 2×** **AED 3,150.00**
2 x per week = 100 × 15 × 2 + VAT
- 3×** **AED 4,252.50**
3 x per week = 90 × 15 × 3 + VAT



THIS IS 15-WEEK TERM · FEES PRO-RATA FROM YOUR JOINING DATE ·

 **4th session free!**

SIBLINGS

15% for 3
25% for 4

MEMBERS CARD

25% Discount in NB STORES
30% Off MonViso
15% off at Up & Running

NEW JOINER KIT



AED 120 · vest & shorts



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	TIME	AGE	PROGRAM	COACHES
 TUESDAY 1 SEPTEMBER TO 7 DECEMBER 2026 	5:30 – 6:30 PM	6-12	MULTI – EVENTS (sprints & middle distance, jumps, throws)	Lisa, Bernard, Mo
	6:30 – 7:30 PM	10+	SPRINTS (100m, 200m, 400m)	Lisa, Bernard
	6:30 – 7:30 PM	10+	MIDDLE DISTANCE (800m, 1500m, 3000m)	Greg
	6:30 – 7:30 PM	13+	MULTI – EVENTS (long jump, high jump, throws)	Mo

	TIME	AGE	PROGRAM	COACHES
 THURSDAY 3 SEPTEMBER TO 9 DECEMBER 2026 	5:30 – 6:30 PM	6-12	MULTI – EVENTS (sprints & middle distance, jumps, throws)	Lisa, Bernard, Mo
	6:30 – 7:30 PM	10+	SPRINTS (100m, 200m, 400m)	Lisa, Bernard
	6:30 – 7:30 PM	10+	MIDDLE DISTANCE (800m, 1500m, 3000m)	Greg
	6:30 – 7:30 PM	13+	MULTI – EVENTS (long jump, high jump, throws)	Mo

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