



# ULTIMATE ATHLETICS 25-26

**TERM 1**

**25TH AUGUST [MONDAY] TO  
14TH DEC [SUNDAY] 2025 [16 WEEKS]**

**WINTER CAMP**

**15TH DEC [MONDAY] TO  
19TH DEC [FRIDAY] 2025**

**TERM 2**

**05TH JAN [MONDAY] TO  
22ND MAR [SUNDAY] 2026 [11 WEEKS]**

**SPRING CAMP**

**23RD MAR [MONDAY] TO  
27TH MAR [FRIDAY] 2026**

**TERM 3**

**06TH APRIL [MONDAY] TO  
21ST JUNE [SUNDAY] 2026 [11 WEEKS]**

**PRE-SEASON  
SUMMER  
TRAINING CAMP**

**10TH AUG [MONDAY] TO  
21ST AUG [FRIDAY] 2026**