ULTIMATE NEWS

WHATS GOING ON IN YOUR CLUB!



FEBRUARY 2025 EDITION NEWS





Rayyan Achimu
U11 BSME (large schools) MVP

UPCOMING RACENIGHTS:



ULTIMATE RACENIGHT
JUNIORS 14TH MAR 2025



ULTIMATE RACENIGHT TOTS 19TH APRIL 2025



ULTIMATE RACENIGHT SENIORS 09TH MAY 2025

RECOMMENDATIONS



MONVISO WATER
HYDRATE
GIVE BACK
RECYCLE

VISIT

30% DISCOUNT CODE: ULTIMATE



THE SCIENCE OF SPORT PODCASTS

INTERESTING

ARTICLES SUCH AS THE

PROS AND CONS OF

YOUTH SPECIALISATION

IN SPORT

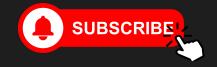
RACENIGHT HIGHLIGHTS



ULTIMATE RACENIGHT SENIORS 31ST JAN 2025

ABU DHABI CHAMPIONS 23RD FEB 2025





SPRING CAMP





2 LOCATIONS AVAILABLE FOR SPRING CAMP DIA AL BARSHA & ISD SPORTS CITY 24TH - 28TH MARCH



ROAD RACES



DO YOU WANT TO JOIN THE ULTIMATE ROAD RUNNERS?

NEXT UP:

♥NAS RAMADAN RACE NIGHT TIME10PM!

SKETCHERS RUN 9TH MARCH MEYDAN 3K 5K 10K 16K

♦ INFLATABLE RACE AT EXPO CITYMARCH 22ND LOOKS FUN **⑤**

SKETCHERS HALF MARATHON
3K 5K 10K 21K NAD AL SHEBA

WHATSAPP 050 225 7024 TO JOIN THE ROAD RACES GROUP

ULTIMATE QUIZ

COMPETITION WIN A PAIR OF NB FUELCELL ELITE.

WHAT IS THE TOTAL NUMBER IF YOU ADD UP THE ANSWERS TO THESE QUESTIONS?

- 1. HOW MANY HURDLES IN 110H RACE?
- 2. HOW MANY EVENTS IN WOMEN'S HEPTATHLON?
- 3. HOW MANY YEARS AGO WAS THE BARCELONA OLYMPIC GAMES?
- 4. HOW MANY PEOPLE IN A RELAY TEAM?
- 5. THE TOTAL DISTANCE IN METERS OF AN OUTDOOR TRACK?
- 6. HOW MANY YEARS AGO WAS ULTIMATE ATHLETICS FOUNDED?
- 7. HOW MANY VENUES ARE WE OPERATING IN THIS TERM IN UAE?
- 8. AMOUNT OF WEEKS IN TERM 2 AT ULTIMATE ATHLETICS.
- 9. HOW MANY LAPS IS IN THE 800M RACE?
- 10. HOW MANY LANES ARE THERE AT SPORTS CITY TRACK?



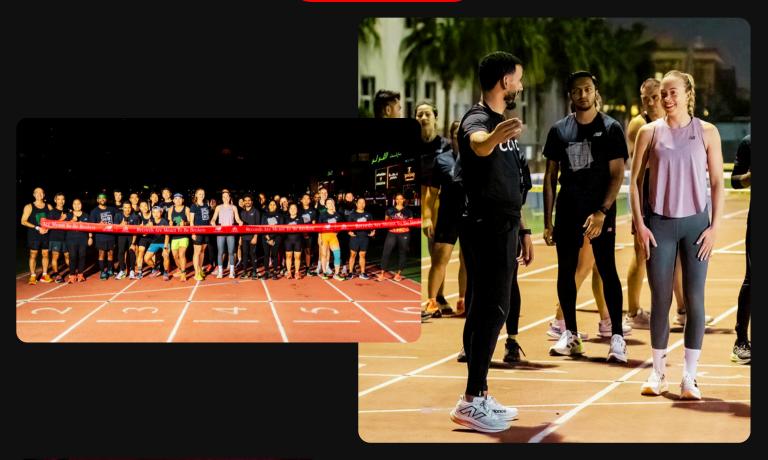
◆■WHATSAPP YOUR ANSWER & NAME TO {+971 58 510 2378}

NALL CORRECT ANSWERS WILL GO INTO A RAFFLE WHICH WILL BE DRAWN AT JUNIORS RACENIGHT ON MARCH 14TH!

NEW BALANCE RUNNING CLUB

CHECK OUT THE LOCATION

SIGN UP LINK





BUY SPIKES ON MARCH 14TH RACENIGHT

BUY

ABOUT US
SCHEDULES
COMPETITIONS

