

ULTIMATE NEWS

WHATS GOING ON IN YOUR CLUB!

FEBRUARY 2025 EDITION

NEWS



RAYYAN
ACHIMU

U11 BSME
(LARGE SCHOOLS)
MVP



STAR OF THE MONTH

Rayyan Achimu
U11 BSME (large schools) MVP

UPCOMING RACENIGHTS:



ULTIMATE RACENIGHT JUNIORS
14TH MAR
FRIDAY 04:30 PM
DIA AL BARSHA
AGE GROUPS: U7, U9, U11, U13
EVENTS: 60M, 80M, 150M, 300M, 600M, 1500M, LONG JUMP, HIGH JUMP, SHOT, JAVELIN.
050 225 7024

ULTIMATE RACENIGHT JUNIORS 14TH MAR 2025



TOTS RACENIGHT
19TH APR
SUNDAY 05:00 PM
DIA AL BARSHA
AGE GROUPS: 3, 4, 5 & 6
EVENTS: 40M, 60M, 400M, LONG JUMP, SHOT PUT, JAVELIN.
050 225 7024

ULTIMATE RACENIGHT TOTS 19TH APRIL 2025



ULTIMATE RACENIGHT SENIORS
FRIDAY 05:00 PM
09TH MAY
DIA AL BARSHA
AGE GROUPS: U15, U17, S, 35+
EVENTS: 80/100/110MH, 100M, 200M, 400M, 800M, 1500M, SHOT/JAVELIN, LONG/TRIPLE JUMP, HIGH JUMP
050 225 7024

ULTIMATE RACENIGHT SENIORS 09TH MAY 2025

RECOMMENDATIONS



3.8 °C SOURCE
LOW SODIUM 0.33 mg/l
RECYCLE
HYDRATE
DONATE
LIGHT 49 mg/l mineral content
100% NATURAL
MonViso ITALIAN NATURAL MINERAL WATER

**MONVISO WATER
HYDRATE
GIVE BACK
RECYCLE**

[**VISIT**](#)

30% DISCOUNT CODE: ULTIMATE



THE BEST 7 YEAR OLD DOESN'T ALWAYS BECOME THE BEST 10 YEAR OLD

THE BEST 10 YEAR OLD DOESN'T ALWAYS BECOME THE BEST 14 YEAR OLD

THEY'RE ALL ON DIFFERENT PATHS AND DEVELOP AT DIFFERENT RATES

THE KEY IS KEEPING THEM ENJOYING THE SPORT LONG ENOUGH FOR THEM TO REACH THEIR INDIVIDUAL POTENTIAL

THE SCIENCE OF SPORT PODCASTS

INTERESTING ARTICLES SUCH AS THE PROS AND CONS OF YOUTH SPECIALISATION IN SPORT

RACENIGHT HIGHLIGHTS



ULTIMATE RACENIGHT SENIORS 31ST JAN 2025

ABU DHABI CHAMPIONS 23RD FEB 2025



SPRING CAMP



ULTIMATE SPRING CAMP

new balance

FREE HIBSONS SNACKS

9AM TO 12:30PM

DIA AL BARSHA & ISD SPORTS CITY

THIS DAILY YOUTH CAMP WILL FOCUS ON ATHLETICS MULTI-EVENTS, SPEED, ENDURANCE COMPETITION & PRIZES

150AED PER DAY OR 600AED PER WEEK!

RUN JUMP THROW!
AGE: 7-12
24TH - 28TH MARCH



ULTIMATE SPRING CAMP

new balance

FREE HIBSONS SNACKS

9AM TO 12:30PM

DIA AL BARSHA & ISD SPORTS CITY

THIS DAILY MULTI-EVENTS TEEN CAMP WILL FOCUS ON SPRINTS, HIGH JUMP, HURDLES, THROWS & FITNESS

150AED PER DAY OR 600AED PER WEEK!

RUN JUMP THROW!
AGE: 13+
24TH - 28TH MARCH

BOOK NOW!

2 LOCATIONS AVAILABLE FOR SPRING CAMP DIA AL BARSHA & ISD SPORTS CITY 24TH - 28TH MARCH

BOOKING

ROAD RACES



DO YOU WANT TO JOIN THE ULTIMATE ROAD RUNNERS?

NEXT UP:

♥ NAS RAMADAN RACE NIGHT TIME 10PM!

📍 SKETCHERS RUN 9TH MARCH MEYDAN 3K 5K 10K 16K

💧 INFLATABLE RACE AT EXPO CITY MARCH 22ND LOOKS FUN 😄

📍 SKETCHERS HALF MARATHON 3K 5K 10K 21K NAD AL SHEBA

WHATSAPP 050 225 7024 TO JOIN THE ROAD RACES GROUP

ULTIMATE QUIZ

COMPETITION WIN A PAIR OF NB FUELCELL ELITE.

WHAT IS THE **TOTAL NUMBER** IF YOU ADD UP THE ANSWERS TO THESE QUESTIONS?

1. HOW MANY HURDLES IN 110H RACE?
2. HOW MANY EVENTS IN WOMEN'S HEPTATHLON?
3. HOW MANY YEARS AGO WAS THE BARCELONA OLYMPIC GAMES?
4. HOW MANY PEOPLE IN A RELAY TEAM?
5. THE TOTAL DISTANCE IN METERS OF AN OUTDOOR TRACK?
6. HOW MANY YEARS AGO WAS ULTIMATE ATHLETICS FOUNDED?
7. HOW MANY VENUES ARE WE OPERATING IN THIS TERM IN UAE?
8. AMOUNT OF WEEKS IN TERM 2 AT ULTIMATE ATHLETICS.
9. HOW MANY LAPS IS IN THE 800M RACE?
10. HOW MANY LANES ARE THERE AT SPORTS CITY TRACK?



➔ **WHATSAPP YOUR ANSWER & NAME TO**
{+971 58 510 2378}

 **ALL CORRECT ANSWERS WILL GO INTO A RAFFLE WHICH WILL BE DRAWN AT JUNIORS RACENIGHT ON MARCH 14TH!**

NEW BALANCE RUNNING CLUB

CHECK OUT THE LOCATION

[SIGN UP LINK](#)



NEW BALANCE FUELCELL
SPRINT MENS MIDDLE DISTANCE - UNISEX SPRINT WOMENS

ON SALE

SPIKES
~~500 AED~~
375 AED

SCAN FOR BUY

SD100 V5

- 6-PIN TPU SPIKE PLATE, 154 GRAMS
- SYNTHETIC AND MESH UPPER

ON SALE

SD100 V5

- 6-PIN TPU SPIKE PLATE, 154 GRAMS
- SYNTHETIC AND MESH UPPER

MDS00 V9

- 6-PIN TPU SPIKE PLATE, 146 GRAMS
- SYNTHETIC AND MESH UPPER

ON SALE

LIMITED TIME ONLY

+971 50 225 7024

**BUY SPIKES
ON MARCH 14TH
RACENIGHT**

[BUY](#)

[ABOUT US](#)
[SCHEDULES](#)
[COMPETITIONS](#)

NEW BALANCE ULTIMATE ATHLETICS

SPRINTS, MIDDLE DISTANCE, THROWS, HURDLES, HIGH JUMP,
LONG JUMP, SPORTS SPEED OR S & C