

## Term 1 Abu Dhabi Cricket Track



Term 1 is 16 weeks. Fee pro-rata from your joining date.

Term fee for 1 x a week = 100 AED x 16 = 1680 AED VAT INCLUSIVETerm fee 2 x a week = 90 AED x 2 x 16 = 3024 AED VAT INCLUSIVETerm fee 3 x a week or more 80 AED x 3 x 16 = 4032 AED VAT INCLUSIVE4<sup>th</sup> session is free

**New New Joiners Kit** = **105AED** includes: Vest & Shorts Kit Membership card with 25% Discount in NB Stores, 30% off Monviso, 10% off Kibsons

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Location Map: Abu Dhabi Cricket & Sports Hub

Day	Vanua	Time	٨٥٥	Contont	Dates	Cost
Day	Venue	Time	Age	Content	Dates	Cost
Monday	Abu Dhabi Cricket Track	5.30pm- 6.30pm	7-12	Multi-Events (sprints, middle-distance, jumps, hurdles, throws) Ebrima	Mon 26 <sup>th</sup> Aug – Mon 9th Dec 2024	100/90/80 AED
	Abu Dhabi Cricket Track	6.30pm- 7.30pm	10+	Sports Speed (Speed, Agility and Quickness for games players, rugby, netball, football)  Ebrima	Mon 26 <sup>th</sup> Aug – Mon 9th Dec 2024	100/90/80 AED
	Abu Dhabi Cricket Track	7.30pm- 8.30pm	10+	Sprints (focused on speed 100m-400m) Ebrima	Mon 26 <sup>th</sup> Aug – Mon 9th Dec 2024	100/90/80 AED
Wednesday	Abu Dhabi Cricket Track	5.30pm- 6.30pm	4-6	Tots Athletics (sprints, middle-distance, jumps, hurdles, throws) Ebrima	Weds 28th Aug – Wed 11 <sup>th</sup> Dec 2024	100/90/80 AED
	Abu Dhabi Cricket Track	6.30pm- 7.30pm	10+	Sprints (focused on speed running, 60m - 400m) Ebrima	Weds 28th Aug – Wed 11 <sup>th</sup> Dec 2024	100/90/80 AED
	Abu Dhabi Cricket Track	7.30pm- 8.30pm	10+	Middle Distance (focused on endurance running, 800m -3000m) Ebrima	Weds 28th Aug – Wed 11 <sup>th</sup> Dec 2024	100/90/80 AED
Sunday	Abu Dhabi Cricket Track	5.30pm- 6.30pm	7-12	Multi-Events (sprints, middle-distance, jumps, hurdles, throws) Ebrima	Sun 1 <sup>st</sup> Sept – Sun 15 <sup>th</sup> Dec 2024	100/90/80 AED
	Abu Dhabi Cricket Track	6.30pm- 7.30pm	10+	<b>Just Run</b> (sprints, middle-distance) <b>Ebrim</b> a	Sun 1 <sup>st</sup> Sept – Sun 15 <sup>th</sup> Dec 2024	100/90/80 AED





