



# Term 3 Zayed Sports City



Term 3 is 11 weeks. **Fee pro-rata from your joining date.**




Term fee for 1 x a week = 100 AED x 11 = **1100 AED**

Term fee 2 x a week = 90 AED x 2 x 11 = **1980 AED**

Term fee 3 x a week = 80 AED x 3 x 11 = **2640 AED**

4<sup>th</sup> session free. **3 siblings 15% and 4 siblings 25% discount**

**New Kit = 100AED** includes: Vest & Shorts Kit + membership card with 30% discount on newbalance.co.ae, 30% off Monviso, 20% in Go Sports, 15% in Up and Running physiotherapy and 10% off Kibsons and Fadefit

Day	Venue	Time	Age	Content	Dates	Cost
<b>Mondays</b> 	Zayed Sports City	5.15pm-6.15pm	7-12	<b>Just Run</b> (sprints, middle-distance) Rilwan, Fares	Mon 10 <sup>th</sup> April – Mon 19 <sup>th</sup> June 2023	100/90/80 AED
	Zayed Sports City	5.15pm-6.15pm	7-12	<b>Multi-Events</b> (sprints, middle-distance, jumps, hurdles, throws) Grace	Mon 10 <sup>th</sup> April – Mon 19 <sup>th</sup> June 2023	100/90/80 AED
	Zayed Sport City	6.15pm-7.15pm	13+	<b>Sprints or Middle Distance</b> Rilwan Grace, Fares	Mon 10 <sup>th</sup> April – Mon 19 <sup>th</sup> June 2023	100/90/80 AED
<b>Tuesdays</b> 	Zayed Sports City	5.15pm-6.15pm	7-12	<b>Multi – Events</b> (sprints, middle-distance, jumps, hurdles, throws) Rilwan, Fares, Mo	Tues 11 <sup>th</sup> April – Tues 20 <sup>th</sup> June 2023	100/90/80 AED
	Zayed Sports City	5.15pm-6.15pm	4-6	<b>Tots Athletics</b> Grace	Tues 11 <sup>th</sup> April – Tues 20 <sup>th</sup> June 2023	100/90/80 AED
	Zayed Sport City	6.15pm-7.15pm	13+	<b>Sprints or Middle Distance</b> Rilwan, Fares, Mo, Youssef	Tues 11 <sup>th</sup> April – Tues 20 <sup>th</sup> June 2023	100/90/80 AED
	Zayed Sport City	6.15pm-7.15pm	13+	<b>Elite Sprints</b> (invite only) Kim	Tues 11 <sup>th</sup> April – Tues 20 <sup>th</sup> June 2023	100/90/80 AED
	Zayed Sport City	6.15pm-7.15pm	13+	<b>Long Jump</b> Grace	Tues 11 <sup>th</sup> April – Tues 20 <sup>th</sup> June 2023	100/90/80 AED
<b>Wednesday</b> 	Zayed Sports City	5.15pm-6.15pm	7-12	<b>Multi – Events</b> (sprints, middle-distance, jumps, hurdles, throws) Rilwan, Fares, Mo	Weds 12 <sup>th</sup> April – Wed 21 <sup>st</sup> June 2023	100/90/80 AED
	Zayed Sports City	5.15pm-6.15pm	4-6	<b>Tots Athletics</b> Grace	Weds 12 <sup>th</sup> April – Wed 21 <sup>st</sup> June 2023	100/90/80 AED
	Zayed Sport City	6.15pm-7.15pm	13+	<b>Sprints or Middle Distance</b> Rilwan, Grace, Mo, Fares	Weds 12 <sup>th</sup> April – Wed 21 <sup>st</sup> June 2023	100/90/80 AED



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Day	Venue	Time	Age	Content	Dates	Cost
<b>Thurs</b> 	Zayed Sports City	5.15pm-6.15pm	7-12	<b>Multi – Events</b> (sprints, middle-distance, jumps, hurdles, throws) Rilwan, Fares, Mo	Thurs 13th April – Thurs 22 <sup>nd</sup> June 2023	100/90/80 AED
	Zayed Sports City	5.15pm-6.15pm	4-6	<b>Tots Athletics</b> Grace	Thurs 13th April – Thurs 22 <sup>nd</sup> June 2023	100/90/80 AED
	Zayed Sports City	6.15pm-7.15pm	13+	<b>Sprints or Middle Distance</b> Rilwan, Fares, Mo, Youssef	Thurs 13th April – Thurs 22 <sup>nd</sup> June 2023	100/90/80 AED
	Zayed Sports City	6.15pm-7.15pm	13+	<b>Elite Sprints</b> (invite only) Kim	Thurs 13th April – Thurs 22 <sup>nd</sup> June 2023	100/90/80 AED
	Zayed Sports City	6.15pm-7.15pm	13+	<b>Jumps</b> (Long jump, triple jump) Grace	Thurs 13th April – Thurs 22 <sup>nd</sup> June 2023	100/90/80 AED
<b>Friday</b> 	Zayed Sports City	5.30pm-6.30pm	7-12	<b>Multi-Events</b> (sprints, middle-distance, jumps, hurdles, throws) Fares	Fri 14th April – Fri 23 <sup>rd</sup> June 2023	100/90/80 AED
	Zayed Sports City	5.30pm-6.30pm	10+	<b>Just Run</b> (sprints, middle-distance) Rilwan & Youssef	Fri 14th April – Fri 23 <sup>rd</sup> June 2023	100/90/80 AED
<b>Sunday</b> 	Zayed Sports City	8am-9am	7-12	<b>Multi – Events</b> (sprints, middle-distance, jumps, hurdles, throws) Grace, Fares	Sun 16 <sup>th</sup> April - Sun 25 <sup>th</sup> June 2023	100/90/80 AED
	Zayed Sports City	8am-9am	13+	<b>Sprints</b> Rilwan	Sun 16 <sup>th</sup> April - Sun 25 <sup>th</sup> June 2023	100/90/80 AED
	Zayed Sports City	5.30pm-6.30pm	4-6	<b>Tots Athletics</b> Grace	Sun 16 <sup>th</sup> April - Sun 25 <sup>th</sup> June 2023	100/90/80 AED
	Zayed Sports City	5.30pm-6.30pm	7-12	<b>Multi-Events</b> (sprints, middle-distance, jumps, hurdles, throws) Fares	Sun 16 <sup>th</sup> April - Sun 25 <sup>th</sup> June 2023	100/90/80 AED
	Zayed Sports City	5.30pm-6.30pm	10+	<b>Just Run</b> (sprints, middle-distance) Rilwan, Youssef	Sun 16 <sup>th</sup> April - Sun 25 <sup>th</sup> June 2023	100/90/80 AED



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