



Term 3 is 11 weeks. Fee pro-rata from your joining date. Term fee for 1 x a week = 100 AED x 11 = 1100 AED Term fee 2 x a week = 90 AED x 2 x 11 = 1980 AED Term fee 3 x a week = 80 AED x 3 x 11 = 2640 AED 4th session free. PRICES ARE VAT INCLUSIVE

New Joiners annual Membership (Sept – Sept) = **50AED** includes: Vest & Shorts Kit, membership card with 20% discount in Go Sports, 15% in Up and Running physiotherapy and 10% off Kibsons **3 Siblings Fees discount = 15% 4 Siblings = 25%**

Day	Venue	Time	Age	Content	Dates	Cost
Mondays	Zayed Sports City	5pm-6pm	7-12	Just Run (sprints, middle-distance) Rilwan, Yousef & Yahya	Mon 11 th April- Mon 20 th June 2022	100/90/80 AED
	Zayed Sports City	5pm-6pm	7-12	Multi – Events (sprints, middle-distance, jumps, hurdles, throws) Grace	Mon 11 th April- Mon 20 th June 2022	100/90/80 AED
	Zayed Sport City	6.15pm- 7.15pm	13+	Sprints or Middle Distance Rilwan Grace, Youssef & Yahya	Mon 11 th April- Mon 20 th June 2022	100/90/80 AED
	Zayed Sports City	5pm-6pm	7-12	Multi – Events (sprints, middle-distance, jumps, hurdles, throws) Rilwan, Mo, Youssef & Yahya	Tues 12 th April – Tues 21st June 2022	100/90/80 AED
Tuesdays	Zayed Sports City	5pm-6pm	4-6	Tots Athletics Grace	Tues 12 th April – Tues 21st June 2022	100/90/80 AED
	Zayed Sport City	6.15pm- 7.15pm	13+	Sprints or Middle Distance Rilwan, Youssef, Marwan, Mo, Yahya	Tues 12 th April – Tues 21st June 2022	100/90/80 AED
	Zayed Sport City	6.15pm- 7.15pm	13+	Elite Sprints (invite only) Kim	Tues 12 th April – Tues 21st June 2022	100/90/80 AED
	Zayed Sport City	6.15pm- 7.15pm	13+	Long Jump Grace	Tues 12 th April – Tues 21st June 2022	100/90/80 AED
Wednesday	Zayed Sports City	5pm-6pm	7-12	Multi – Events (sprints, middle-distance, jumps, hurdles, throws) Rilwan, Marwan, Mo, Youssef, Yahya	Weds 13 th April – Wed 22 nd June 2022	100/90/80 AED
	Zayed Sports City	5pm-6pm	4-6	Tots Athletics Grace	Weds 13 th April – Wed 22 nd June 2022	100/90/80 AED
	Zayed Sport City	6.15pm- 7.15pm	13+	Sprints or Middle Distance Rilwan, Grace, Mo, Youssef & Yahya	Weds 13 th April – Wed 22 nd June 2022	100/90/80 AED

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Day	Venue	Time	Age	Content	Dates	Cost
Thurs	Zayed Sports City	5pm-6pm	7-12	Multi – Events (sprints, middle-distance, jumps, hurdles, throws) Rilwan, Marwan, Mo, Youssef, Yahya	Thurs 14 th April – Thurs 23rd June 2022	100/90/80 AED
	Zayed Sports City	5pm-6pm	4-6	Tots Athletics Grace	Thurs 14 th April – Thurs 23rd June 2022	100/90/80 AED
	Zayed Sports City	6.15pm- 7.15pm	13+	Sprints or Middle Distance Rilwan, Youssef, Marwan, Mo, Yahya	Thurs 14 th April – Thurs 23rd June 2022	100/90/80 AED
	Zayed Sports City	6.15pm- 7.15pm	13+	Elite Sprints (invite only) Kim	Thurs 14 th April – Thurs 23rd June 2022	100/90/80 AED
	Zayed Sports City	6.15pm- 7.15pm	13+	Jumps (Long jump, triple jump) Grace	Thurs 14 th April – Thurs 23rd June 2022	100/90/80 AED
Friday	Zayed Sports City	5pm-6pm	7-12	Multi-Events (sprints, middle-distance, jumps, hurdles, throws) Yahya, Fares	Fri 15 th April – Fri 24 th June 2022	100/90/80 AED
	Zayed Sports City	5pm-6pm	10+	Just Run (sprints, middle-distance) Rilwan, Youssef	Fri th April – Fri 24 th June 2022	100/90/80 AED
Sunday	Zayed Sports City	8am-9am	7-12	Multi – Events (sprints, middle-distance, jumps, hurdles, throws) Grace, Youssef, Yahya	Sun 17 th April- Sun 26 th June 2022	100/90/80 AED
	Zayed Sports City	8am-9am	13+	Sprints Rilwan	Sun 17 th April- Sun 26 th June 2022	100/90/80 AED
	Zayed Sports City	5pm-6pm	4-6	Tots Athletics Grace	Sun 17 th April- Sun 26 th June 2022	100/90/80 AED
	Zayed Sports City	5pm-6pm	7-12	Multi-Events (sprints, middle-distance, jumps, hurdles, throws) Yahya, Fares	Sun 17 th April- Sun 26 th June 2022	100/90/80 AED
	Zayed Sports City	5pm-6pm	10+	Just Run (sprints, middle-distance) Rilwan, Youssef, Mo	Sun 17 th April- Sun 26 th June 2022	100/90/80 AED

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