






# Term 2 Abu Dhabi Schedule



Term 1 is 12 weeks. Fee pro-rata from your joining date.  
 Term fee for 1 x a week = 100 AED x 12 = **1200 AED**  
 Term fee 2 x a week = 90 AED x 2 x 12 = **2160 AED**  
 Term fee 3 x a week = 80 AED x 3 x 12 = **2880 AED**  
 4<sup>th</sup> session free. **PRICES ARE VAT INCLUSIVE**

New Joiners annual Membership (Sept – Sept) = **100AED** includes: Vest & Shorts Kit, membership card with 20% discount in Go Sports, 15% in Up and Running physiotherapy and 10% off Kibsons  
**3 Siblings Fees discount = 15% 4 Siblings = 25%**

Day	Venue	Time	Age	Content	Dates	Cost
<b>Mondays</b> 	Zayed Sports City	5pm-6pm	7-12	<b>Just Run</b> (sprints, middle-distance) Rilwan, Grace, Yousef & Yahya	Mon 3 <sup>rd</sup> Jan – Mon 21 <sup>st</sup> March 2022	100/90/80 AED
	Zayed Sport City	6.15pm-7.15pm	13+	<b>Sprints or Middle Distance</b> Rilwan Grace, Youssef & Yahya	Mon 3 <sup>rd</sup> Jan – Mon 21 <sup>st</sup> March 2022	100/90/80 AED
<b>Tuesdays</b> 	Zayed Sports City	5pm-6pm	7-12	<b>Multi – Events</b> (sprints, middle-distance, jumps, hurdles, throws) Rilwan, Mo, Youssef & Yahya	Tues 4 <sup>th</sup> Jan – Tues 22 <sup>nd</sup> March 2022	100/90/80 AED
	Zayed Sports City	5pm-6pm	4-6	<b>Tots Athletics</b> Grace	Tues 4 <sup>th</sup> Jan – Tues 22 <sup>nd</sup> March 2022	100/90/80 AED
	Zayed Sport City	6.15pm-7.15pm	13+	<b>Sprints or Middle Distance</b> Rilwan, Youssef, Marwan, Mo, Yahya	Tues 4 <sup>th</sup> Jan – Tues 22 <sup>nd</sup> March 2022	100/90/80 AED
	Zayed Sport City	6.15pm-7.15pm	13+	<b>Elite Sprints</b> (invite only) Kim	Tues 4 <sup>th</sup> Jan – Tues 22 <sup>nd</sup> March 2022	100/90/80 AED
	Zayed Sport City	6.15pm-7.15pm	13+	<b>Long Jump</b> Grace	Tues 4 <sup>th</sup> Jan – Tues 22 <sup>nd</sup> March 2022	100/90/80 AED
<b>Wednesday</b> 	Zayed Sports City	5pm-6pm	7-12	<b>Multi – Events</b> (sprints, middle-distance, jumps, hurdles, throws) Rilwan, Marwan, Mo, Youssef, Yahya	Wed 5 <sup>th</sup> Jan – 23 <sup>rd</sup> March 2022	100/90/80 AED
	Zayed Sports City	5pm-6pm	4-6	<b>Tots Athletics</b> Grace	Wed 5 <sup>th</sup> Jan – Wed 23 <sup>rd</sup> March 2022	100/90/80 AED
	Zayed Sport City	6.15pm-7.15pm	13+	<b>Sprints or Middle Distance</b> Rilwan, Grace, Mo, Youssef & Yahya	Wed 5 <sup>th</sup> Jan – Wed 23 <sup>rd</sup> March 2022	100/90/80 AED

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Day	Venue	Time	Age	Content	Dates	Cost
<b>Thurs</b> 	Zayed Sports City	5pm-6pm	7-12	<b>Multi – Events</b> (sprints, middle-distance, jumps, hurdles, throws) Rilwan, Marwan, Mo, Youssef, Yahya	Thurs 5 <sup>th</sup> Jan – 24 <sup>th</sup> March 2022	100/90/80 AED
	Zayed Sports City	5pm-6pm	4-6	<b>Tots Athletics</b> Grace	Thurs 5 <sup>th</sup> Jan – Thurs 24 <sup>th</sup> March 2022	100/90/80 AED
	Zayed Sports City	6.15pm-7.15pm	13+	<b>Sprints or Middle Distance</b> Rilwan, Youssef, Marwan, Mo, Yahya	Thurs 5 <sup>th</sup> Jan – Thurs 24 <sup>th</sup> March 2022	100/90/80 AED
	Zayed Sports City	6.15pm-7.15pm	13+	<b>Elite Sprints</b> (invite only) Kim	Thurs 5 <sup>th</sup> Jan – Thurs 24 <sup>th</sup> March 2022	100/90/80 AED
	Zayed Sports City	6.15pm-7.15pm	13+	<b>Jumps</b> (Long jump, triple jump) Grace	Thurs 5 <sup>th</sup> Jan – Thurs 24 <sup>th</sup> March 2022	100/90/80 AED
<b>Friday</b> 	Zayed Sports City	4pm-5pm	7-12	<b>Multi-Events</b> (sprints, middle-distance, jumps, hurdles, throws) Yahya, Fares	Sun 9 <sup>th</sup> Jan – Sun March 27 <sup>th</sup> 2022	100/90/80 AED
	Zayed Sports City	4pm-5pm	10+	<b>Just Run</b> (sprints, middle-distance) Rilwan, Youssef	Sun 9 <sup>th</sup> Jan – Sun March 27 <sup>th</sup> 2022	100/90/80 AED
<b>Sunday</b> 	Zayed Sports City	8.30am-9.30am	7-12	<b>Multi – Events</b> (sprints, middle-distance, jumps, hurdles, throws) Grace, Youssef, Yahya	Sun 9 <sup>th</sup> Jan – Sun March 27 <sup>th</sup> 2022	100/90/80 AED
	Zayed Sports City	8.30am-9.30am	13+	<b>Sprints</b> Rilwan	Sun 9 <sup>th</sup> Jan – Sun March 27 <sup>th</sup> 2022	100/90/80 AED
	Zayed Sports City	5pm-6pm	4-6	<b>Tots Athletics</b> Grace	Sun 9 <sup>th</sup> Jan – Sun March 27 <sup>th</sup> 2022	100/90/80 AED
	Zayed Sports City	5pm-6pm	7-12	<b>Multi-Events</b> (sprints, middle-distance, jumps, hurdles, throws) Yahya, Fares	Sun 9 <sup>th</sup> Jan – Sun March 27 <sup>th</sup> 2022	100/90/80 AED
	Zayed Sports City	5pm-6pm	10+	<b>Just Run</b> (sprints, middle-distance) Rilwan, Youssef, Mo	Sun 9 <sup>th</sup> Jan – Sun March 27 <sup>th</sup> 2022	100/90/80 AED

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